

# LIMM Update

Linking Health Professionals with Mission Needs



## Cambodia Community Health Education Program Report Betty Roon, April 23 – May 11, 2009

I traveled to Siem Reap with **Dr. Lima** to meet with **Pastor Vuthy** and the five ladies who have been receiving health lessons in preparation for CHE. Since my last visit in October, 2008, Pastor Vuthy and the ladies have completed health assessments on every family who attends their church. They also have received one to two health lessons per month from Dr. Lima which they in turn have shared with their 10 assigned families. Dr. Lima and I were able to visit with four of these families to assess the interest and effectiveness of the lessons. I am extremely pleased to report that all four families could recite the lessons taught.

Pastor Vuthy had selected two villages where the CHE program will be begun. He has committed his personal and congregational support to both locations. Koskrabou Village, about 1 hour away from his church, is a very poor village. He has already worked with a local NGO to obtain two cows for the village. Pastor Vuthy told the village chief of the lessons his ladies have been learning from Dr. Lima and the Ladies Health Seminar and offered to come to teach the village those same lessons. The five ladies that had been trained last year, recruited and taught 11 more individuals from their church. 16 people plus Pastor Vuthy provided lessons on diarrhea, colds and food groups to over 50 people. They did a truly outstanding job. I cannot express in words how proud and impressed I was of Pastor Vuthy and these original 5 ladies; first for their heart and passion for helping others and second their ability to make things happen. This wasn't something they just talked about, but did, without our input or encouragement.

**Ladies Seminar May 4-6, 2009:** Approximately 2/3 attended last year's seminar and 1/3 were first time attendees. A total of 26 ladies and 3 pastors attended the entire seminar. Lessons were First Aid, CPR-Choking, First Responder and Community Resources. Having seen the Siem Reap ladies do their lessons in Koskrabou I invited them to present a lesson at the seminar on 'Colds' which included sanitation and nutrition. They did a great job with Pastor Vuthy running a powerpoint while the ladies did lecture and demonstrations. They also passed out well designed handouts. The ladies all received first aid kits which were prepared and donated by **Global Health Ministries** and **University of Michigan nursing staff of 7B/C**. All 26 ladies and the 3 pastors worked very hard and participated in all the lessons. They were accurate and creative in their return lessons and demonstrations.

**Note: Betty Roon and Global Health Ministries "connected" at the LIMM 2009 Forum. Another participant, Linda Klein, also became a donor in support of the CHE program of the Lutheran congregations in Cambodia. Bobbie Lautenschlager**

## Pictures from Betty's Trip to Cambodia

Thank you to all of our donors who have given so generously to support the work in Cambodia!

### Thrivent GivingPlus™

Your gifts are more valuable when using Thrivent Financial GivingPlus forms when you donate to LIMM. Donors 16 years and older who are Thrivent members are urged to enclose a completed form with each donation to LIMM. The PDF form can be downloaded at the LIMM website. The maximum of \$600 per person per year will receive a match. Thank you for taking this additional step as you support LIMM.

Donations now possible online at:  
[www.limm.org](http://www.limm.org)

#### Contact LIMM:

P.O. Box 766  
Concordia, MO 64020

Phone toll-free:  
1-866-676-5466

Email: [limm@limm.org](mailto:limm@limm.org)

For more mission news and opportunities, see the LIMM web page at:



The participants of the Ladies CHE Training Course



Betty Roon, LIMM volunteer consultant, with Pastor Vuthy and village leaders



CHE Trainees with their first aid kits



Participants learn about good nutrition



A young Cambodian boy receives first aid

**LIMM 2010 Forum—March 19 & 20  
Concordia Seminary, St. Louis, MO.  
“Health Care of the Aged and the Critically Ill:  
A Medical Mission Approach”**