



Lutherans in Medical Missions Spring/Summer 2026

🌐 Answer the Call to Serve! 🌐

Join the Board of Lutherans in Medical Missions

Are you passionate about missions, healthcare, and sharing the love of Christ around the world? Lutherans in Medical Missions (LIMM) is seeking committed Christian Lutheran leaders to serve on our Board of Directors.

We're looking for individuals who:

- ✓ Have a heart for global mission work
- ✓ Bring leadership experience or professional expertise (healthcare, finance, communications, etc.)
- ✓ Desire to support and grow Christ-centered medical missions
- ✓ Are willing to pray, serve, and advocate for LIMM's ministry

Hear from our board member Rev. Dr. Alan Abel from Big Spring, Texas:

Rev. Abel has served with LIMM in the past and welcomed the opportunity to return to LIMM in 2025. A retired surgeon, LCMS Minister and former LCMS missionary to the Philippines, as well as a volunteer for Mercy Ships, Alan stated he hopes to see LIMM, "Expand work in areas where we can make a difference improving medical care for the unserved."

"I became interested and involved in LIMM after hearing about it many years ago. I had worked at different hospitals while attending college and Concordia Seminary in St. Louis. I thought seriously about Medical Missions during my Senior Year at the Seminary and even inquired of the school Physician as to whether that would be a possibility. I was advised that it would take an additional 4 years of pre-med, then four years of medical school. At that time, however, I could not see an additional 8 years of school.

During four years of Mission Work in the Philippines, I saw the need for medical care in underserved areas. I was moved by the need to care for not only the Spiritual needs of people, but also their physical needs. I returned to the U.S. and with the support of my loving wife Audrey decided to try. Pre-med in two years, Med School in three, followed by Surgical Residency. Unfortunately, the LCMS was no longer doing the old style of Medical Missions, so my path changed.

I became acquainted with LIMM and their work and found that they were able to provide an impact by helping to train nurses and doctors and support them in their local situation. This enables the local providers to function where they are. It helps them to provide care which they know is needed, rather than being an outsider coming in to tell them what is needed. It works to help them help those in need."

Interested in learning more or serving? Contact us at limm@limm.org or visit our website to learn more about board service opportunities.



Lutherans in Medical Missions

For more information, email:

LIMM@limm.org

Please visit our website:

www.limm.org

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Please visit our Facebook page:

Lutherans in Medical Missions

Donations may be sent to:

Lutherans in Medical Missions

P.O. Box 766

Concordia, MO 64020

Or go online at

www.limm.org

To donate through Pay pal or credit card.

Contributions made directly to LIMM are tax-deductible.

Lutherans in Medical Missions (LIMM) works with local and global partners to share Christ's healing in medically underserved communities.

Update from Meg Boren, Circle of Empowerment, Nicaragua

In March, two families in our villages faced heartbreaking loss. In our community, when someone passes, families often gather for an all-night vigil before burial the next morning. Circle of Empowerment helped families secure coffins and walk through those painful moments with them.

One of the lives lost was a young adult who had been living with chronic illness. The other was a child, only 1½ years old, who died from dehydration after being given too many laxatives to treat parasites. This is difficult to share, but it reflects the reality of why Circle of Empowerment's work is so urgently needed.

We are working to change dangerous cultural practices around over-treatment, strengthen health education, and help families access safer care. We stand with grieving families, and we continue the hard work of protecting lives through education, compassion, and community support. **Every child, every family, and every village deserves the chance to thrive.**

What a dream come true for Circle of Empowerment!

This new grant will allow us to use our dental services to meet a tremendous need in our community. Thanks to this support, we will now have a dentist available two days each month. In the past, we were only able to provide dental care for three days every 6 to 12 months, made possible through the generosity of the U.S. dental group Perrys from Washington State. 🦷🦷

This is such a blessing for the people we serve, and we are deeply grateful for the opportunity to expand access to much-needed care. Thank you to everyone who helps make moments like this possible!



Left: Director Meg Boren, RN and nurses observe physical therapist working with child.

Right: Dental Clinic

🩺 Our brigadistas are expanding their assessment skills in the villages by adding glucose readings, helping identify undiagnosed diabetes in communities where the need is high.

Many families rely on sugar to meet daily calorie needs. One family of four we assisted was using 20 pounds of sugar each month. It's a powerful reminder of how closely health and food access are connected.



**YOUR DONATIONS HELP TO
MAKE ALL OF THIS POSSIBLE.**

**THANK YOU FOR ALL THAT YOU
DO TO SUPPORT LUTHERANS IN
MEDICAL MISSIONS!**

Update from Mary DeMers, Send Me, Rosario, Mexico

Dear Sharon and Board of Directors, Sin palabras. No words. Your action in granting SEND ME \$8,000 is greatly appreciated. This enables us to continue our outreach in multiple villages. The people we serve range in age from infants to 95. Families now have hope, food and access to health care and health information. God's blessings and peace to each of you and the organization of LUTHERANS IN MEDICAL MISSION. Mary DeMers, José Guadalupe Vega, Zepeda, Ana Manuela Rojas and Reyes.

In early March the cartel and the army clashed close to Rosario. In the evening there were helicopters circling Rosario for several hours. Guadalupe sent me a message to stay in my apartment and that we needed to cancel our plans for Friday as the cartel had closed the highways. Apparently, the government forces captured the local cartel boss. So, we shall see what the day brings. Keep us in your prayers!

More LIMM funds at work today. A widowed lady with several health problems received \$100 worth of groceries, inhaler and new mask for her nebulizer. This current round of pneumonia is difficult for her to battle with her CHF, DM, HTN and renal insufficiency. Thank you donors!

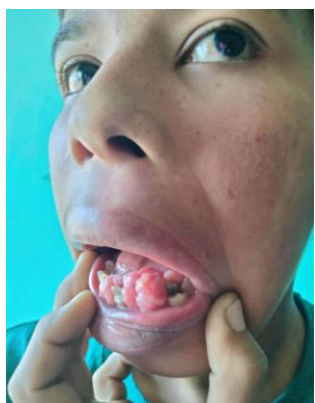
Israel and Estelle are the recipients again of the benefits of the grant money from LIMM. Since receiving the glucometer, we were able to track his blood sugar and the numbers were not good. After questioning what he had been eating and constant monitoring of his wound for infection it remained an unanswered question. But ultimately the wife confided that they were embarrassed to say that they were unable to afford Israel's oral medication, Farxega. Through the funding from the LIMM grant I was able to purchase this medication and food for the family. They have two young grandchildren in their home as well. The medication was approximately \$50 for the month and \$140 for groceries. Estelle cried when I arrived late yesterday afternoon with 7 bags of groceries. Thank you to the donors for supporting the mission of SEND ME.



Left – Israel and Estelle with new glucometer.



Right - This is Ana with one of her neighbors who had recently been in a motorcycle accident. We were able to loan him crutches to use while his right knee heals.



This is Miguel. He is now 17 years old. Since early childhood he has lived with this ever-increasing mass in his mouth. He and his father live in a small town about 12 miles west of Rosario. His father works in the fields. His mother left the family home when Miguel was a very young child. Despite financial challenges his father, Juan, sought medical care for his son but none could be found. The mother of one of our other patients referred this family to us and our search began. We too had several "dead ends". I then spoke to my friend, Dr. Rafael, who is a restorative dentist. He said, "I am going to talk to my friend who is an advanced oral surgeon." That was Divine intervention at work. They examined Miguel and agreed to a plan of care at a very reduced cost. Yesterday was appointment number five. The progress is amazing. \$200 of the grant money went to help cover transportation and medication costs.



This is Sofia and Armando. They have been on our active patient list intermittently for the past year or so. (A variety of musculoskeletal issues.) Six months ago, they joined our church. Also included in the photo is their daughter Nicole, her husband and their two daughters. The two little girls were baptized a month ago. Two weeks ago, Armando was hospitalized in Mazatlán with a strangulated, gangrenous inguinal hernia. He had multiple complications and ultimately needed a colostomy. The health care system does not cover colostomy supplies which are cost prohibitive for this family. Today I purchased a box of 10 colostomy bags and they also received \$100 worth of groceries. They are so appreciative and give thanks for the organization of LIMM. Guadalupe and I prayed with them during our visit today.



To the left is Diana, the girl with the devastating effects of hyperbilirubinemia. She received a new dress today. It was obvious when we were in the home that the summer heat would be unbearable. Knowing that Mario, the man with the amputation, also repairs and sells ventilation fans. Yes, he had a restored fan available and we purchased it and delivered it to their home today. Total cost, 500 pesos or about \$30 US. Thank you again LIMM donors.

Below left is Dr. David Ramirez, the local Shriner's doctor. His assistance is invaluable. The Shriner's organization here in Mazatlán has provided wheelchairs and other equipment and medications. In this photo Guadalupe, my coworker, is assisting Dr. David with the examination of "Angel".

Below right is Mario with nurse Ana. \$50 from the LIMM grant went towards the purchase of these two items for Mario. He now has a small wound on his left foot that we are actively and aggressively treating with good results. Before I left his humble home today, he said that perhaps if he had known about SEND ME in the early stages of his other wound he would still have both legs. So sad. Ana is very much in tune with people's psych/social needs. She has great listening skills and recognizes the power of presence.



Lutherans in Medical Missions participate in Thrivent's Choice Dollars® program. If you have Choice Dollars available to direct, please consider directing to LIMM. We will use your Thrivent Choice grant funding for future mission projects. LIMM is a Recognized Service Organization (RSO) of The Lutheran Church Missouri Synod, and a not-for-profit, tax-exempt organization under IRS code section 501(c)(3). Contributions made directly to Lutherans in Medical Missions are tax-deductible.